

private

therapy



P.G. Chambers School

Discovering the unique potential
within every child

private therapy

Physical, occupational, and
speech therapy: helping
children function at home
and in the community



Discovering the unique potential
within every child

Understanding therapy services

*Individualized sessions, singularly
dedicated to therapy*

The physical, occupational, and/or speech therapist, along with the child and family, establish functional intervention goals that will enhance a child's performance. This approach is distinct from the educational approach used in the school, where therapy is prescribed and implemented in the context of the Individualized Education Plan (IEP) focusing on learning and access to the learning curriculum.

Also distinct from the school program and the IEP, children can cycle in and out of services based on changes in physical needs, e.g., growth, surgeries, etc. Therapy in this context will have clear exit and re-entry criteria and is a pattern of care in which services are provided for a particular problem.



At P.G. Chambers School (PGCS), our highly-trained, credentialed, and experienced therapists provide therapies outside of the school program, using a combination of the models described above. We believe that these additional services support and compliment the learning programs so that children can live full, productive lives and engage frequently in the community. Whether a child needs continuing therapy to address an ongoing need or time-limited therapy after surgery, trauma, or injury, P.G. Chambers School may be the right choice.

Why individualized therapy at PGCS?

- PGCS can provide outstanding services in all disciplines and service areas
- PGCS has the facility, equipment, and a highly trained staff to provide these services
- PGCS can provide a combination of therapies using a team approach
- PGCS is priced competitively for evaluations and treatments



Therapy services at PGCS

Private Therapy at PGCS is ***uniquely different*** from traditional therapy settings: hospitals, clinics, and rehabilitation centers. Our setting for therapy is warm, inviting, and familiar to children because we are located in a school that looks and feels much like any school where a child spends his day.

Private Therapy at PGCS is also relationship-based, meaning our therapists have particular expertise in establishing a therapeutic relationship with a child and her family that builds trust and confidence. In addition, our therapists, who work in a wide variety of settings, with children who have a wide range of needs, can provide an individualized, customized, culturally-sensitive, and family-driven approach to helping a child develop the skills needed to successfully participate at home, in his school, and in his community.

When a child needs more than one type of therapy, our professionals have the capacity to work as a team, integrating physical, occupational, and speech needs into a comprehensive program. We are also the ideal therapy provider when a child is transitioning from early intervention services to the school system and continues to need therapy in a secure, comfortable, and nurturing environment.

Professional expertise

Therapists at P.G. Chambers School are licensed professionals who specialize in the assessment and treatment of children. Continuing education, as well as evidence-based practice, is highly recognized, encouraged, and supported by the school.

Speech-Language Pathologists

PGCS requires that all of the speech-language pathologists (SLPs) have advanced degrees. All are also licensed by the State of New Jersey and hold Certificates of Clinical Competence from the American Speech Language Hearing Association.



Physical Therapists

Physical therapists are licensed professionals with advanced education and experience working with children from birth through adolescence. As clinical coordinators, senior therapists, and staff therapists, the majority of physical therapists on staff have training in Neuro-Developmental Treatment (NDT) and others are certified by the American Physical Therapy Association (APTA) as pediatric clinical specialists. Most of our therapists are also certified clinical instructors by the APTA for supervision of graduate physical therapy interns.

An Overview of Private Therapy

Private Therapy services include evaluation, consultation, and individualized treatment programs.

Discipline	Definition	Focus	Specialized Services
Speech Therapy	Addresses a child's individual communication and feeding needs to help the child	<ul style="list-style-type: none">• Improve speech intelligibility• Increase expressive and receptive language• Improve social skills and pragmatics• Improve oral motor and feeding skills• Improve ability to follow directions• Provide education for carryover of strategies to home	<ul style="list-style-type: none">• Augmentative and Alternative Communication (AAC)• Oral motor and feeding• Apraxia• Play-based therapy• Phonology and articulation• Auditory processing• Comprehensive speech and language evaluations
Physical Therapy	Addresses a child's motor development and provides families with the tools to help their child	<ul style="list-style-type: none">• Improve strength, balance, coordination, and flexibility• Promote lifelong fitness and participation in recreational activities• Promote health and wellness• Provide education for management of physical disabilities• Facilitate independence and mobility	<ul style="list-style-type: none">• Power wheelchair mobility• Aquatic physical therapy program• Neuro-Developmental Treatment (NDT)• Myofascial Release (MFR)• Kinesio Taping®• Adapted equipment, orthoses, and assistive technology
Occupational Therapy	Addresses a child's ability to participate in meaningful activities	<ul style="list-style-type: none">• Increase engagement and success in play• Facilitate learning and applying new skills in real situations• Promote independence in dressing, self-feeding, and computer access• Develop fine motor, visual motor coordination, and perceptual skills• Improve sensory integration, sensory processing, and self-regulation• Develop daily living and self-care skills	<ul style="list-style-type: none">• Sensory processing evaluations and Sensory Integration and Praxis Test (SIPT)• Sensory integration and processing approaches• Neuro-Developmental Techniques (NDT)• Handwriting Without Tears® and other handwriting programs• Keyboarding Without Tears®• Splinting and adaptations• Modifications for use of technology• Aquatic occupational therapy• Brain Gym® Groups• Fine and visual motor interventions• Therapeutic Listening Training®



Occupational Therapists

Occupational therapists are licensed by the NJ Occupational Therapy Advisory Council and specialize in the assessment and treatment of children. Our therapists are trained in Neuro-Developmental Treatment (NDT) and sensory integrative treatment (SIPT certified). Additionally, they are trained to work with students who have visual impairments.

Is the PGCS Private Therapy Program for your child?

Your answers to the following questions will help you decide if P.G. Chambers School Private Therapy will meet your needs:

My child is graduating from early intervention and will go to a preschool program. I want her to be with other children, but I am concerned that she will lose the skills she gained in the one-on-one therapy provided in my home.

☐ Yes ☐ No

My child receives therapy twice a week, written into his IEP, but we need help navigating our home and getting him in and out of our van and out to the playground.

☐ Yes ☐ No



My child had a lot of services as a young child when she was learning to walk and then she really didn't need therapy any more. Now she has reached adolescence and has developed other orthopedic concerns that are interfering with her functioning at home and in the community.

☐ Yes ☐ No

My child is 4 years old and really cannot be understood by anyone outside of our family. She struggles to make sounds and gets frustrated when people cannot understand her.

☐ Yes ☐ No

My child has trouble biting, chewing, and swallowing foods.

☐ Yes ☐ No

If you answered any of these statements "Yes", the PGCS Private Therapy Program may be right for your child.

Frequently Asked Questions

When can my child come to PGCS for Private Therapy?

Individual therapy sessions are scheduled weekdays, Monday – Thursday between 3:00 pm and 6:00 pm. When possible we will make every effort to accommodate your schedule.

Can we try out equipment through the program to see how it works before making expensive purchases?

Yes. As part of a child's therapy session, therapists will try out equipment, from our extensive inventory of walkers, standers, and other mobility equipment, as well as adaptive seating, trays, tables, and equipment to improve fine motor skills.

How do costs at PGCS compare to other providers?

PGCS Private Therapy is competitive with other private providers in the area. For current fees, please visit www.chambersschool.org and click on private therapy.

If my child is already a student at PGCS, can she have individualized private therapy in addition to her school program?

Yes. Just as you take your child to a hospital, clinic, or rehabilitation setting; or a private provider, PGCS can schedule private, individual therapy outside of the school day.

What are the benefits of the therapy program being in a school for children with disabilities as opposed to a hospital or clinic?

We have learned from families that their children are less stressed and fearful when they come to PGCS instead of a more clinical setting. We also offer considerable expertise in that our single concentration has been on children with disabilities for more than 60 years, emphasizing functional skills and the development of independence and unshakeable self-confidence.

My child needs physical, occupational, and speech therapy. Can she have all three at PGCS?

Yes. Sessions can be scheduled "back to back" in one afternoon, depending on your child's tolerance, or on consecutive days during the week. When appropriate we can also schedule a team of therapists to work with your child using a holistic approach to meet her individual needs.





Can I drop my child off for therapy and pick him up when the session has ended?

No. You are an important part of your child's therapy. As you develop a relationship with your child's therapist, your child will develop confidence and trust in the therapist. Through participating in the therapy session you will also learn how to carry therapeutic activities into your child's daily routine. You can also provide important insights, identify challenges your child may be having in navigating the community, joining in social experiences, and communicating effectively. Together, you and the therapist can problem-solve and develop solutions.

Can I get reimbursed by my insurance company for therapy?

While we do not bill your insurance company directly, we will provide you with all of the necessary documentation to submit to your carrier and assist as we can in securing your payment.

P.G. Chambers School is a 501 (c) (3) organization that provides education and therapy services for children with complex, multiple disabilities, or those at risk for disabilities and developmental delays, and child care for children with and without disabilities. The school's mission statement is **"Discovering the unique potential within every child."** At P.G. Chambers School, "discovering potential" inspires us to provide the best, most comprehensive early childhood education for children with and without disabilities, and special education and therapy programs for children with disabilities and developmental delays. Since 1954, P.G. Chambers School has been changing the lives of children by helping them to develop a love of learning, to strive for independence, and most importantly, to develop unshakeable self-confidence.

Each year, P.G. Chambers School (PGCS), located in Morris County, NJ, provides services for more than 800 children and their families in Morris County and nine other surrounding counties in northern New Jersey. The school's programs reach children of all ages including typically developing infants, toddlers, and preschoolers, and infants at-risk for developmental disabilities; school-age children eligible for special education services; and children diagnosed with cerebral palsy, spina bifida, seizure disorders, autism, and communication disabilities. Services are provided both on-site at the school's state-of-the-art facility in Cedar Knolls, and off-site in schools, homes, and child care centers throughout the region. Important partnerships with local school districts and community organizations help support PGCS students in their own communities. The school is accredited as an Approved Private School for Students with Disabilities and an Approved Clinic and Agency by the State of New Jersey, Department of Education.



“The services I received from P.G. Chambers School have truly helped me prepare for the world. Private Therapy at PGCS has not only given me strength and mobility, it has made me confident and independent.”

- Julie
College Sophomore



**For more information, contact the
director of Speech & Communication,
Physical Therapy, or Occupational
Therapy at info@chambersschool.org
or call 973.829.8484.**



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